

The Unitarian Church of SA

invites you to a new Adult Enrichment course



“An Introduction to Buddhist Philosophy”

When: Thursday evenings from 7–8 pm
September 21st through December 21st (14 weeks)

Where: 99 Osmond Terrace, Norwood

Cost: Donation

Taught by: Jenny Opie



JENNY OPIE has followed the Buddha’s teachings for forty years after being inspired by Lama Yeshe at a month’s course in Kopan Monastery in Nepal. She has taught meditation to inmates of our prison system and was instrumental in changing the exclusively Christian chaplaincy to multifaith in the 1990s. She was the first Buddhist chaplain in South Australia. Jenny is the author of *Simple Truths*, an overview of Buddhist wisdom.

